

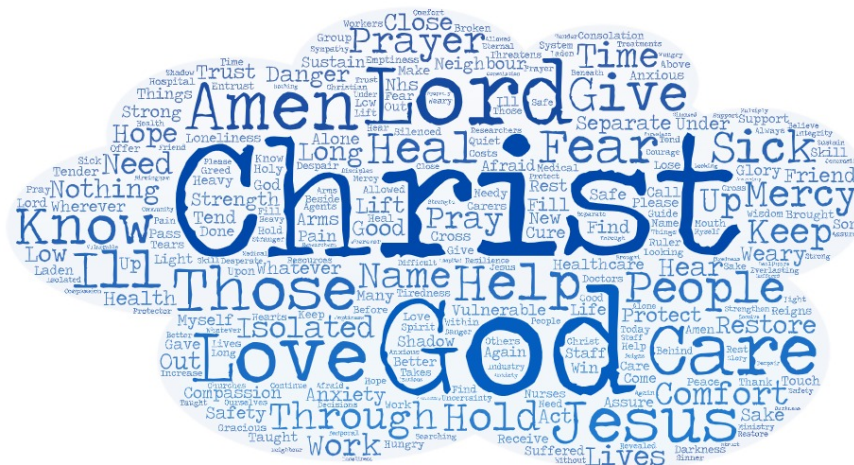
And finally a reminder, from Dave Walker a talented cartoonist:



8

“Jesus Lives: Follow Him”

Prayer in a time of Coronavirus



Prayers and Resources for Every Day at Home

Greetings!

At this time when we cannot go to church to worship together, having some resources for prayer may help us to continue to be connected to one another and to God.

If you would like to borrow a BCP prayer book, hymn book or Bible then please speak to Jane (01458 223417). I won't be able to talk to you, but I can drop one off in a plastic bag for you.

There are several daily prayer apps that you may be able to use from your tablet or Smart Phone if you have one:

- Search for Aimer Media from your app store, and choose Daily Prayer or Time to Pray.
- Lectio 365 is an app that takes you through a Psalm, reading and prompts for prayer, just search for Lectio365 from your App Store.
- Scripture Union have their own prayer webpage: <https://content.scriptureunion.org.uk/wordlive/pray-us>

If you don't have access to a smart phone or Computer, why not read the Bible. I suggest you start with the Gospel or Mark or Luke, or if you would like an Old Testament story then Ruth and Esther are good places to begin. The Psalms speak to all sorts of human conditions and if you read them you will find praise, lament & mourning, anger & frustration, joy and celebration.

Why not give the Bible a go. You can always phone or write to me if you have a question (or email if that is possible). I may not know the answer but I'll try to find ways to help you find an answer

Rev Jane Durham The Rectory, Church Street, Keinton Mandeville, TA11 6ER
01458 223417 or 07421 700242 Rev.jane.durham@gmail.com

For as long as it takes
wherever you call us. **Amen**

Barbara Glasson, President of the Methodist Conference

Prayers for ourselves

O God,
help me to trust you,
help me to know that you are with me,
help me to believe that nothing can separate me
from your love
revealed in Jesus Christ our Lord. **Amen.**

Lord Jesus Christ, you said to your disciples,
'I am with you always'.
Be with me today, as I offer myself to you.
Hear my prayers for others and for myself,
and keep me in your care.

Christ be with me, Christ within me,
Christ behind me, Christ before me,
Christ beside me, Christ to win me,
Christ to comfort and restore me.
Christ beneath me, Christ above me,
Christ in quiet, Christ in danger,
Christ in hearts of all that love me,
Christ in mouth of friend and stranger.
(from St Patrick's Breastplate)

Lord Jesus Christ,
Son of the living God,
have mercy on me, a sinner. (The Jesus Prayer)

(from Norfolk and Norwich University Hospitals Chaplaincy, by Althea Hayton – adapted)

A prayer for the NHS

O God,
we thank you for our healthcare system
and those who work in it.
We pray for all healthcare workers
that through their love and compassion,
those who are vulnerable and needy
might come to know healing and peace in their lives.
We pray for those who have to make difficult decisions
about resources or treatments
that they will do so with care and integrity.
Lord, continue your ministry of healing
in the lives of those who are broken,
vulnerable and in need.
We pray this in Jesus' name. **Amen.**

From The Churches and Industry Group, Birmingham (<http://www.cigb.org.uk/>)

For the Christian community

We are not people of fear:
we are people of courage.
We are not people who protect our own safety:
we are people who protect our neighbours' safety.
We are not people of greed:
we are people of generosity.
We are your people God,
giving and loving,
wherever we are,
whatever it costs

Some passages of Scripture to read and contemplate

Psalm 23 *The Lord is my shepherd*

Psalm 27 *The Lord is my light and my salvation*

Psalm 29 God's presence in the midst of a storm

Isaiah 40:28-31 *The Lord does not faint or grow weary*

Isaiah 43:1-7 *Do not fear for I am with you*

Psalm 46 *Be still and know that I am God*

Psalm 91 *He shall cover you with his wings*

Psalm 139 *O Lord you have searched me and you know me*

John 14 *Do not let your hearts be troubled, my peace I give to you*

Romans 8 *Nothing can separate us from the love of God in Christ Jesus*

Hebrews 4:14-16 *Let us approach the throne of grace with boldness*

Prayers about the Coronavirus pandemic

Keep us, good Lord,
under the shadow of your mercy.
Sustain and support the anxious,
be with those who care for the sick,
and lift up all who are brought low;
that we may find comfort
knowing that nothing can separate us from your love
in Christ Jesus our Lord. **Amen**

Lord Jesus Christ,
you taught us to love our neighbour,
and to care for those in need
as if we were caring for you.
In this time of anxiety, give us strength

to comfort the fearful, to tend the sick,
and to assure the isolated
of our love, and your love,
for your name's sake. **Amen.**

God of compassion,
be close to those who are ill, afraid or in isolation.
In their loneliness, be their consolation;
in their anxiety, be their hope;
in their darkness, be their light;
through him who suffered alone on the cross,
but reigns with you in glory,
Jesus Christ our Lord. **Amen**

A prayer in times of fear and uncertainty

God of the weary:	Receive my tiredness
God of the hungry:	Know my emptiness
God of those in danger:	Hold my fear
God of the silenced:	Hear my despair
God of the isolated:	Hold my isolation
God of the heavy laden:	Give me rest
God of the hopeful:	Fill me again with longing

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Prayers for those who are ill

Dear God,
I pray for *[Name of friends who are ill]*
They are not allowed out and I am fearful for them
Please be close to them, help those who are looking after them

and help them to get better
and to know that you love them. **Amen**

Merciful God,
We entrust to your loving and tender care
Those who are ill or in pain,
knowing that whatever danger threatens
your everlasting arms are there to hold us safe.
Comfort and heal them,
and restore them to health and strength;
through Jesus Christ our Lord **Amen**

A prayer for hospital staff and medical researchers

Gracious God,
Give skill, sympathy and resilience
to all who are caring for the sick,
and your wisdom to those searching for a cure.
Strengthen them with your Spirit,
that through their work many will be restored to health
Through Jesus Christ our Lord. **Amen**

Lord Jesus,
who healed the sick and gave them new life,
be with doctors, nurses and carers,
as they act as agents of your healing touch.
In desperate times, keep them strong yet loving;
and when their work is done,
be with them in their weariness
and in their tears. **Amen.**